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05.05.2022

INVITATION TO PARTICIPATE IN THE 29th WORLD CHAMPIONSHIP IN KETTLEBELL LIFTING!

On July 1–7, 2022 in Athens, Greece, the 29th world championship in kettlebell (gira) lifting among men and women, juniors (2000-2003) and veterans - men, juniors, veterans (push with a long cycle of two weights and one Kettlebells, biathlon (push of two weights + snatch), women, juniors (2000-2003), veterans (push of a long cycle of one kettlebell and two weights, snatch, push of two weights), relay races, marathon. World Championship among athletes with disabilities (men , women): bench press with one hand sitting on a bench, jerk and push with one hand - one exercise of the choice of participants in the competition, 5 minutes to complete the exercise; 10th world championship for students (men - long cycle push, girls - snatch); World championship for boys and girls (2004-2006) young men - push, snatch, girls - snatch.

Competitions are held in accordance with the Schedule and the Regulation (Regulation) of the IGSF for 2022, www.igsf.biz

Arrival and settlement of sports delegations on July 1.

Accommodation in an accredited hotel:

Hotel Marion is located at: 36, Grigoriou Lekka Ave Loutraki 20300, Greece

Tel: + (30) 2744 066800

The cost of living per person per day: - 40 €;

The price includes breakfast and dinner.

ATHENS INTERNATIONAL AIRPORT - 80 km from the hotel ..

From the hotel to the place of the competition bus travel 40 min.

The entry fee to the Organizing Committee of the competition is 40 € for each nomination from each participant. For those who have not paid the annual membership fee at the IGSF, the entry fee is doubled = 80€. Accreditation (license cost) - 20 € for each participant in the competition (remains valid during the current year for all types of competition programs). Entry fee for participants in the world championship among students 20 €.

Individual membership fee in IGSF = 50 € or Team fee = 300€

Contributions are paid to the World Cup Organizing Committee on the day of arrival at the competition. Participants in the World Cup among students pay only the cost of the license and the entry fee.

Upon arrival, it is necessary to submit to the Organizing Committee a registered application for participation in the competition from the team (country). You should have two national flags and the recording of the national anthem on electronic media.

In the format of the World Championship in kettlebell lifting, on July 1-7, an international certified training seminar on kettlebell lifting is held for teachers, trainers and judges.

Competition Program:

June 30 - arrival day, accommodation of sports delegations;

July 1 - (09: 00-11: 00) - meeting of the Executive Committee of the IGSF, referee board, credentials committee, (11: 00-14: 00) -weighing in the competition, (14: 30-16: 00) - meeting of the referee board together with team representatives. International seminar for judges and coaches.

July 2 - 09:30 - opening of the competition; 10.00 - competition: a long cycle push of two and one weights (men, women, juniors, veterans, students);

- competitions of athletes with disabilities;

- rewarding of winners and prize-winners.

July 3 -09: 30– competition: push of two weights, a snatch (men, women, juniors, veterans, boys, girls, students);
- relay races;

- competition - marathon 30 min snatch, push with a long cycle of one kettlebell, push with a long cycle of two weights (men, women, juniors, veterans); - rewarding of winners and prize-winners. Closing of the competition.

July 4-6 - (09: 00-14: 00) - an international training seminar on kettlebell lifting for teachers, trainers and judges.

July 7 (09.00) - cultural program; departure of sports delegations.

Chairman of the Organizing Committee, President of the Kettlebell lifting Federation of Greece Pantelis Filikidis.

The chief judge of the competition Pantelis Filikidis Tel .: +30 697 194 0736; +30 697 231 5421

Email: pfilikidis@gmail.com

In order to receive an invitation to participate in the World championship and to apply for visas, it is necessary to submit a preliminary individual or collective application by May 15, 2022 in the name of:

The chief judge of the competition Filikidis Pantelis Tel .: +30 697 194 0736; +30 697 231 5421

Email: pfilikidis@gmail.com

In addition, for registration of participants and registration of licenses, it is necessary to submit a preliminary application to the IGSF

Email: weightballs@ukr.net

Sample application:

No.	Surname, name	Activity in the team	Weight category, kg /exercise	Passport	Date of birth	Place of birth	Home address	Contact tel. No. e-mail
1.	ZAIR HUMANI	Sportsman /judge, coach/	80 Lc-1x24 kg	AS240186	13.05. 1975	LEBAN ON	Apt. 1, 2 Sunny St., Beirut	+049-335-32-31

In the application, indicate the email address of the Embassy (Consulate) of Greece at the place of your residence.

Telephone Inquiries:

International Gira Sport Federation, Shcherbyna Iurii Volodymyrovych, Kyiv:

t-n / fax: 380-45-95-35-336; t-n: 380-44-454-49-87; cellular tn: 38-066-70-39-071;

380509373664 (Viber, Telegram, WhatsApp)

Email: weightballs@ukr.net

INVITE YOU TO PARTICIPATE IN THE 29th WORLD CHAMPIONSHIP IN KETTLEBELL (GIRA) LIFTING!

President IGFSF



Iurii Shcherbyna