



Phone/Fax: +380-4595- 35-336
E-mail: weightballs@ukr.net
www.igsf.biz

Lysenko St.5,F.2, Shchastlivoe, Borispol, Kiev Region, 08325 UKRAINE

17.03.2024

INVITATION TO PARTICIPATE IN THE 31th WORLD CHAMPIONSHIP IN KETTLEBELL LIFTING!

July 04-10, 2024 in Aigle, Switzerland, the 31th world championship in kettlebell (gira) lifting among men and women, juniors (2000-2003) and veterans - men, juniors, veterans (push with a long cycle of two weights and one Kettlebells, biathlon (push of two weights + snatch), women, juniors (2002-2005), veterans (push of a long cycle of one kettlebell and two weights, snatch, push of two weights), relay races, marathon. World Championship among athletes with disabilities (men, women): bench press with one hand sitting on a bench, jerk and push with one hand - one exercise of the choice of participants in the competition, 5 minutes to complete the exercise; world championship for students (men - long cycle push, girls - snatch); World championship for boys and girls (2006-2007) young men - push, snatch, girls - snatch.

Competitions are held in accordance with the Schedule and the Regulation (Regulation) of the IGSF for 2024, www.igsf.biz

Arrival and settlement of sports delegations on July 04, 2024

Accommodation in an accredited hotel:

GENEVA INTERNATIONAL AIRPORT (GVA), 66 km from the Aigle.

Competitions July 05-07, 2024 - Collège des Dents-du-Midi Sports Center: Address: Chemin de la Planchette 18, 1860 Aigle, Switzerland

From the hotel to the competition site 5 minutes walk.

The cost of staying at the hotel is 70 euros per night, including breakfast and dinner.

The entry fee to the Organizing Committee of the competition is 40 € for each nomination from each participant. For those who have not paid the annual membership fee at the IGSF, the entry fee is increased = 80€.

Individual membership fee in IGSF = 50 € or Team fee = 300€

Contributions are paid to the World championship Organizing Committee on the day of arrival at the competition

Upon arrival, it is necessary to submit to the Organizing Committee a registered application for participation in the competition from the team (country). You should have two national flags and the recording of the national anthem on electronic media.

In the format of the World Championship in kettlebell lifting, on July 05-07 05-09 an international certified training seminar on kettlebell lifting is held for teachers, trainers and judges.

Competition Program:

July 04 - arrival day, accommodation of sports delegations;

July 05-- (09: 00-11: 00) - meeting of the Executive Committee of the IGSF, referee board, credentials committee, (11: 00-14: 00) -weighing in the competition, (14: 30-16: 00) - meeting of the referee board together with team representatives. International seminar for judges and coaches.

July 06 - 09:30 - opening of the competition; 10.00 - competition: a long cycle push of two and one weights (men, women, juniors, veterans, students);

- competitions of athletes with disabilities;

- rewarding of winners and prize-winners.

July 07 -09: 30– competition: push of two weights, a snatch (men, women, juniors, veterans, boys, girls, students);

- relay races;

- competition - marathon 30 min snatch, push with a long cycle of one kettlebell, push with a long cycle of two weights (men, women, juniors, veterans); - rewarding of winners and prize-winners. Closing of the competition.

July 05-10 - (09: 00-14: 00) - an international training seminar on kettlebell lifting for teachers, trainers and judges.

July 11 (09.00) - cultural program; departure of sports delegations.

The Organizing Committee: President Kettlebell Lifting Schweiz Andrea Burch

E-mail: andreaburch@gmx.ch Tel. +41 79 743 82 86

Niquille Laurent E-mail: Laurent.Niquille@aigle.ch

tel: [+41763837108](tel:+41763837108), [+41244684220](tel:+41244684220)

Vitalii Luhovoy E-mail: vitalsan2517@gmail.com

tel.+41796847293

Anton Osnovenko E-mail: Antoniyofra@gmail.com

tel. +41795994603

The chief judge of the competition Andrea Burch

E-mail: andreaburch@gmx.ch Tel. +41 79 743 82 86

In order to receive an invitation to participate in the World championship and to apply for visas, it is necessary to submit a preliminary individual or collective application by May 01, 2024 in the name of:

President Kettlebell Lifting Schweiz Andrea Burch

E-mail: andreaburch@gmx.ch Tel. +4179 743 82 86

In addition, for registration of participants and registration of licenses, it is necessary to submit a preliminary application to the IGSF

Email: weightballs@ukr.net

Sample application:

No.	Surname, name	Activity in the team	Weight category, kg /exercise	Passport	Date of birth	Place of birth	Home address	Contact tel. No. e-mail
1.	GEORGIAS KASARIDI	Sportsman /judge, coach/	80 Lc-1x24 kg	AS240186	13.05. 1975	Greece	Apt. 1, 2 Sunny St., ATHENS	+049-335-32-31

In the application, indicate the email address of the Embassy (Consulate) of Greece at the place of your residence.

Telephone Inquiries:

International Gira Sport Federation, Iurii Shcherbyna , Kyiv, UKRAINE:

t-n / fax: +380-45-95-35-336; t-n: +380-44-454-49-87; cellular tn: +38-066-70-39-071;

+380509373664 (Viber, Telegram, WhatsApp)

Email: weightballs@ukr.net

**INVITE YOU TO PARTICIPATE IN THE 31th
WORLD CHAMPIONSHIP IN KETTLEBELL (GIRA) LIFTING!**

President IGSF



Iu.Shcherbyna