



Approved
by the IGSF Executive Committee
April 27, 2023
President of IGSF
Iu. Scherbyna

REGULATION (NOTICE) about the 11th Gira (Kettlebell) Sport Students World Championship 2023

1. Goals and objectives.

The competition is held for the following purposes:

- to further develop and popularize kettlebell (gira) sport among student youth in the world;
- to promote students' interest in healthy lifestyle;
- to determine competition winners;
- to strengthen and expand international cultural and sports connections among student youth.

2. Competition date and location.

- World Championship in kettlebell lifting among students is held on October 26-30, 2023, in Belgrade, Serbia.

Accommodation in an accredited hotel:

Hotel Srbija - Address: Ustanička 127c Beograd RS, 11000, Serbia

Phone: +381 11 3044000

The cost of staying at the hotel is 40 euros per night, including breakfast and dinner.

- The day of arrival for the competition is October 26, 2023.

- Credentials Commission, meeting of the panel of judges together with representatives of the teams and weigh-in of participants - October 27, 2023.

Competitions October 28-29 - Shumice Sports Center: Address: Ustanička 125/1, Beograd, Serbia

In the format of the World Championship in kettlebell lifting, on October 27-30 an international certified training seminar on kettlebell lifting is held for teachers, trainers and judges.

Departure day - October 31, 2023 after the end of the competition

3. Competition management.

General management of competition organization and holding shall be performed by the IGSF Executive Committee.

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Immediate competition holding shall be assigned to the Organizing Committee, and the duly approved Main Jury.

Chief Judge of the competition **Miloš Dragić, Serbia**, international category.

Chairman of the Organizing Committee (visa support) **Miloš Dragić, Serbia**. Тел.: [+381654769808](tel:+381654769808) also in Viber and WhatsApp

E-mail: dragicmi@gmail.com

4. Competition participants.

Students and graduates World Championship is a competition for individuals and teams.

Full-time students and postgraduates of higher education institutions from countries promoting kettlebell sport shall be allowed to participate in the competition. Team name list shall be fixed before the weighing of competitors. Age of the competitors up to 28 years. The number of competitors in any weight class shall be unlimited.

Team line-up:

youths – 7, girls – 3, representative coach – 1, judge – 1.

5. Competition programme and winner election.

The competition shall be held under the International Gira Sport Federation rules valid as of the competition date:

- youths – two kettlebells long-cycle jerk, kettlebell mass is 24 kg;
- girls – one kettlebell snatch, kettlebell mass is 16 kg.

Winners and prize-winners in the individual scoring shall be determined according to the greatest kettleball lift number in every weight class:

- youths – under 60, under 65, under 70, under 75, under 80, under 90, +90 kg;
- girls – under 60, under 70, +70 kg.

Team results shall be determined according to the maximum score gained by each scoring participant in the team as indicated in the Federation chart.

At any stage of preparation and participation in the competitions, **doping control** may be performed.

6. Awarding.

Competition participants who took the 1st, 2nd and 3^d places in every weight class shall be awarded with diplomas and medals of respective degrees.

Coaches who have trained the competition winners shall be awarded with diplomas.

Winning and prize-winning teams shall be awarded with diplomas and memorable prizes.

7. Safety and preparation of competition venues

Competitions are held in compliance with the necessary security measures provided for by the rules of the Federation. Responsibility for the life and health of participants on the way and during the event rests with the persons who accompany them.

8. Financing.

Competition participation costs (travel, meals, accommodation, and accreditation of each participant) shall be incurred by the sending organizations.

Competition organization and holding costs (sports premises leasing, advertising, poster making, award attributes – diplomas, medals, valuable prizes, judges' fees, etc.) shall be incurred by IGSF, also on a share basis, the competition organizers, interested organizations and persons, and sponsors:

- the cost of the entry fee - 40 E from each competitor for each nomination;

Simultaneous holding of world championships among different categories of athletes (without age restriction, students) and with kettlebells of different weights, are considered separate competitions. In this case, a parallel scoring (credit) to the participants of the competition is carried out subject to payment of the entry fee for participation in each of them.

9. Applications.

A preliminary application for participation in the competitions shall be filed to the Organizing Committee and the IGSF before **August 15, 2023**.

An individual application for participation in the competitions certified by a physician and the Federation (Association, Individual competition participation applications certified by a physician and the organization, passport, student's identity card, student's record book, and other documents stipulated by the competition rules shall be filed to the Credentials Committee at the day of arrival.

Delegations coming to the competition shall have a sports uniform of single design, two state flags, and a digital record of the anthem of the country they represent made on digital media.

International Gira Sport Federation:

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This notice is an official invitation to the competition!

**WE INVITE YOU TO PARTICIPATE IN THE WORLD CHAMPIONSHIP
BY KETTLEBELL SPORT AMONG STUDENTS!**