



INTERNATIONAL GIRA SPORT FEDERATION

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27.04.2023

INVITATION TO PARTICIPATE IN THE 30th WORLD CHAMPIONSHIP IN KETTLEBELL LIFTING!

October 26-31, 2023 in Belgrade, Serbia, the 30th world championship in kettlebell (gira) lifting among men and women, juniors (2000-2003) and veterans - men, juniors, veterans (push with a long cycle of two weights and one Kettlebells, biathlon (push of two weights + snatch), women, juniors (2001-2004), veterans (push of a long cycle of one kettlebell and two weights, snatch, push of two weights), relay races, marathon. World Championship among athletes with disabilities (men , women): bench press with one hand sitting on a bench, jerk and push with one hand - one exercise of the choice of participants in the competition, 5 minutes to complete the exercise; world championship for students (men - long cycle push, girls - snatch); World championship for boys and girls (2005-2007) young men - push, snatch, girls - snatch.

Competitions are held in accordance with the Schedule and the Regulation (Regulation) of the IGSF for 2023, www.igsf.biz

Arrival and settlement of sports delegations on October 26, 2023

Accommodation in an accredited hotel:

Hotel Srbija - Address: Ustanička 127c Beograd RS, 11000, Serbia

Phone: +381 11 3044000

The cost of staying at the hotel is 40 euros per night, including breakfast and dinner.

Belgrade INTERNATIONAL AIRPORT 20 km from the hotel .

Competitions October 27-29, 2023 - Shumice Sports Center: Address: Ustanička 125/1, Beograd, Serbia

From the hotel to the competition site 5 minutes walk.

The entry fee to the Organizing Committee of the competition is 40 € for each nomination from each participant. For those who have not paid the annual membership fee at the IGSF, the entry fee is increases = 80€.

Individual membership fee in IGSF = 50 € or Team fee = 300€

Contributions are paid to the World championship Organizing Committee on the day of arrival at the competition

Upon arrival, it is necessary to submit to the Organizing Committee a registered application for participation in the competition from the team (country). You should have two national flags and the recording of the national anthem on electronic media.

In the format of the World Championship in kettlebell lifting, on October 27-30 an international certified training seminar on kettlebell lifting is held for teachers, trainers and judges.

Competition Program:

October 26 - arrival day, accommodation of sports delegations;

October 27 - (09: 00-11: 00) - meeting of the Executive Committee of the IGSF, referee board, credentials committee, (11: 00-14: 00) -weighing in the competition, (14: 30-16: 00) - meeting of the referee board together with team representatives. International seminar for judges and coaches.

October 28- 09:30 - opening of the competition; 10.00 - competition: a long cycle push of two and one weights (men, women, juniors, veterans, students);

- competitions of athletes with disabilities;

- rewarding of winners and prize-winners.

October 29 -09: 30– competition: push of two weights, a snatch (men, women, juniors, veterans, boys, girls, students);

- relay races;

- competition - marathon 30 min snatch, push with a long cycle of one kettlebell, push with a long cycle of two weights (men, women, juniors, veterans); - rewarding of winners and prize-winners. Closing of the competition.

October 30 - (09: 00-14: 00) - an international training seminar on kettlebell lifting for teachers, trainers and judges.

October 31 (09.00) - cultural program; departure of sports delegations.

Chairman of the Organizing Committee, Miloš Dragić, Serbia, international referee.

The chief judge of the competition **Miloš Dragić** Тел.: [+381654769808](tel:+381654769808) also in Viber and WhatsApp

E-mail: dragicmi@gmail.com

In order to receive an invitation to participate in the World championship and to apply for visas, it is necessary to submit a preliminary individual or collective application by August 15, 2023 in the name of:

The chief judge of the competition Miloš Dragić Тел.: [+381654769808](tel:+381654769808) also in Viber and WhatsApp

E-mail: dragicmi@gmail.com

In addition, for registration of participants and registration of licenses, it is necessary to submit a preliminary application to the IGSF

Email: weightballs@ukr.net

Sample application:

No.	Surname, name	Activity in the team	Weight category, kg /exercise	Passport	Date of birth	Place of birth	Home address	Contact tel. No. e-mail
1.	GEORGIAS KASARIDI	Sportsman /judge, coach/	80 Lc-1x24 kg	AS240186	13.05. 1975	Greece	Apt. 1, 2 Sunny St., ATHENS	+049-335-32-31

In the application, indicate the email address of the Embassy (Consulate) of Greece at the place of your residence.

Telephone Inquiries:

International Gira Sport Federation, Shcherbyna Iurii Volodymyrovych, Kyiv, UKRAINE:

t-n / fax: +380-45-95-35-336; t-n: +380-44-454-49-87; cellular tn: +38-066-70-39-071;

+380509373664 (Viber, Telegram, WhatsApp)

Email: weightballs@ukr.net

INVITE YOU TO PARTICIPATE IN THE 30th WORLD CHAMPIONSHIP IN KETTLEBELL (GIRA) LIFTING!

President IGSF



Iu. Shcherbyna