



Approved
by the IGSF Executive Committee
May 15, 2021
President of IGSF
Iu. Scherbyna

REGULATION (NOTICE) about the 10th Gira (Kettlebell) Sport Students World Championship 2021

1. Goals and objectives.

The competition is held for the following purposes:

- to further develop and popularize kettlebell (gira) sport among student youth in the world;
- to promote students' interest in healthy lifestyle;
- to determine competition winners;
- to strengthen and expand international cultural and sports connections among student youth.

2. Competition date and location.

- World Championship in kettlebell lifting among students held on July 1-7, 2021, in Athens (Loutraki), Greece.

Accommodation in an accredited hotel:

Hotel Marion is located at: 36, Grigoriou.Lekka Ave Loutraki 20300, Greece

Tel: + (30) 2744 066800

Accommodation cost per person per day: - 35 €;

- The day of arrival to the competition is July 1, 2021.

- Credentials committee, meeting of the panel of judges in conjunction with team representatives and weighing of participants - July 2, 2021.

Departure day - July 7 after the end of the competition.

3. Competition management.

General management of competition organization and holding shall be performed by the IGSF Executive Committee.

Immediate competition holding shall be assigned to Greek gira sport Federation, and the Organizing Committee, and the duly approved Main Jury.

Chief Judge of the competition Pantelis Filikidis, Greece, international category.

Chairman of the Organizing Committee (visa support) Pantelis Filikidis, Greece Tel .: +306971940736 +302105624138

E-mail: pfilikidis@gmail.com

4. Competition participants.

Students and graduates World Championship is a competition for individuals and teams.

Full-time students and postgraduates of higher education institutions from countries promoting kettlebell sport shall be allowed to participate in the competition. Team name list shall be fixed before the weighing of competitors. Age of the competitors up to 28 years. The number of competitors in any weight class shall be unlimited.

Team line-up:

youths – 7, girls – 3, representative coach – 1, judge – 1.

5. Competition programme and winner election.

The competition shall be held under the International Gira Sport Federation rules valid as of the competition date:

- youths – two kettlebells long-cycle jerk, kettlebell mass is 24 kg;
- girls – one kettlebell snatch, kettlebell mass is 16 kg.

Winners and prize-winners in the individual scoring shall be determined according to the greatest kettleball lift number in every weight class:

- youths – under 60, under 65, under 70, under 75, under 80, under 90, +90 kg;
- girls – under 60, under 70, +70 kg.

Team results shall be determined according to the maximum score gained by each scoring participant in the team as indicated in the Federation chart.

At any stage of preparation and participation in the competitions, **doping control** may be performed.

6. Awarding.

Competition participants who took the 1st, 2nd and 3^d places in every weight class shall be awarded with diplomas and medals of respective degrees.

Coaches who have trained the competition winners shall be awarded with diplomas.

Winning and prize-winning teams shall be awarded with diplomas and memorable prizes.

7. Safety and preparation of competition venues

In order to ensure antiviral measures in connection with the spread of the coronavirus COVID-19, the competitions are held without spectators in compliance with the necessary safety measures provided by the Federation:

- When weighing in, athletes, coaches and judges must wear masks. There are no more than two judges and two competitors in the weighing room, observing the distance between them - 2 m.
- the distance between the platforms on which the competitors are located is not less than 1.5 m;
- distance between judges and participants of competitions on the platforms - 4m.

- during the competition, referees, coaches and athletes who do not compete are wearing masks;

During the weigh-in and during the competition, there are hand disinfectants in the room.

Responsibility for the life and health of participants on the way and during the event rests with the persons who accompany them.

8. Financing.

Competition participation costs (travel, meals, accommodation, and accreditation of each participant) shall be incurred by the sending organizations.

Competition organization and holding costs (sports premises leasing, advertising, poster making, award attributes – diplomas, medals, valuable prizes, judges' fees, etc.) shall be incurred by IGSSF, also on a share basis, the competition organizers, interested organizations and persons, and sponsors.

Accreditation – this year the cost of license for participation in the international competition amounts to EUR 20 for each participant, entry fee -20 €.

9. Applications.

Preliminary competition participation applications shall be filed to the Organizing Committee and the IGSSF before June 1, 2021.

Individual competition participation applications certified by a physician and the organization, passport, student's identity card, student's record book, and other documents stipulated by the competition rules shall be filed to the Credentials Committee at the day of arrival.

Delegations coming to the competition shall have a sports uniform of single design, two state flags, and a digital record of the anthem of the country they represent made on digital media.

International Gira Sport Federation:

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This notice is an official invitation to the competition!

**WE INVITE YOU TO PARTICIPATE IN THE WORLD CHAMPIONSHIP
BY KETTLEBELL SPORT AMONG STUDENTS!**