



## CALENDAR International Gira Sport (kettlebell lifting) competitions for 2020

№	COMPETITIONS	Date held	Location
1.	1st international tournament in memory of V. Makhno (men, women, veterans - long cycle jerk 2 arms and one arm ).	February 22-24	Kiev, Ukraine
2.	6th Open Cup in memory of General Petrov VS	March 13-14	Zaporozhye, Ukraine
3.	4 <sup>rd</sup> IGSF Australia Cup at the 6 <sup>th</sup> Arnold Sports Festival Australia <a href="https://arnoldsportsfestival.com.au">https://arnoldsportsfestival.com.au</a>	March 20-22	Melbourne, Australia
4.	6 th Open Cup E.F. Garnich-Garnitskogo (men, women, veterans – one arm and two arms long cycle jerk, half marathon - one arm long cycle jerk and long cycle snatch)	April 03-06	Kiev, Ukraine
5.	The 3rd Israeli Open Championship (men's biathlon, long cycle jerk; women snatch, one arm long cycle jerk, relay races).	to be announced	Tel Aviv, Israel
6.	The international tournament of memory of U. Kundzinsh (long cycle jerk: 5 minutes).	April 24-26	Talsi, Latvia
7.	21th International Festival of Kettlebell sport (original and extreme exercises)	May 08-10	Minsk, Belarus
8.	International Cup Viestura (one-handed snatch 60 min.)	May 22-24	Pinks, Latvia
9.	The 10th World Kettlebell Championship among students (Man - long cycle jerk, the woman - a snatch)	June 04-08	Athens (Loutraki), Greece
10.	28 st World Championship among men and women (men – 2 arms long cycle jerk, biathlon, one arm long cycle jerk, woman one arm long cycle, snatch, 2 arms long cycle and 2 arms short jerk); a half-marathon 30 (one arm long cycle jerk and long cycle snatch), relay	June 04-08	Athens (Loutraki), Greece
11.	World Junior Championships 1998 -2001 (juniors man – long cycle, biathlon, juniors woman – one arm long cycle, snatch, 2 arms jerk)	June 04-08	Athens (Loutraki), Greece
12.	World Championship among veterans (men – 2 arms long cycle jerk, biathlon, one arm long cycle jerk, woman one arm long cycle, snatch, 2 arms long cycle and 2 arms short jerk)	June 04-08	Athens (Loutraki), Greece
13.	World Championships for boys (biathlon) and girls (snatch) 2002-2004	June 04-08	Athens (Loutraki), Greece
14.	World Championships for athletes with disabilities	June 04-08	Athens (Loutraki), Greece

15	International kettlebell lifting training seminar for judges, coaches, teachers	June 04-15	Athens (Loutraki), Greece
16.	Open European Championship for Adult Men and Women (men – long cycle, biathlon, one arm long cycle, woman one arm long cycle, snatch, 2 arms long cycle and 2 arms jerk), a half-marathon 30 (one arm long cycle), relay	to be announced	to be announced
17.	Open European Championship among juniors 1997 -2000 (juniors man – long cycle, biathlon, one arm long cycle, juniors woman – one arm long cycle, snatch, 2 arms long cycle and 2 arms jerk)	to be announced	to be announced
18.	2st Open European Championship for athletes with disabilities	to be announced	to be announced
19.	2st Asian Open Championship among men and women(men – long cycle, biathlon, one arm long cycle, woman one arm long cycle, snatch, 2 arms long cycle and 2 arms jerk), a half-marathon 30 (one arm long cycle).	November 19-23	Tashkent, Uzbekistan
20.	1st Asian Open Championship among juniors 1997 -2000 (juniors man – long cycle, biathlon, one arm long cycle, juniors woman – one arm long cycle, snatch, 2 arms long cycle and 2 arms jerk)	November 19-23	Tashkent, Uzbekistan
21.	1st Asian Open Championship among veterans (men – 2 arms long cycle jerk, biathlon, one arm long cycle jerk, women – one arm long cycle jerk and snatch, a 2 arms jerk)	November 19-23	Tashkent, Uzbekistan
22.	2st Asian Open Championship for athletes with disabilities	November 19-23	Tashkent, Uzbekistan
23.	Open international tournament of the federation of power types and kettlebell lifting of Uzbekistan (men - biathlon, women - snatch)	November 19-23	Tashkent, Uzbekistan