



INTERNATIONAL GIRA SPORT FEDERATION

Phone/Fax: +380-4595- 35-336

E-mail: weightballs@ukr.net

www.igsf.biz

Lysenko St.5,F.2, Shchastlivoe, Borispol, Kiev Region, 08325 UKRAINE

вул.Лисенка,5,к.2, Щасливе, Бориспільський р-н, Київська обл. 08325 УКРАЇНА

29.04.2025

INVITATION TO PARTICIPATE IN THE EUROPEAN OPEN CHAMPIONSHIP IN KETTLEBELL LIFTING!

July 03-08, 2025 in Belgrade, Serbia, the European Open championship in kettlebell (gira) lifting among men and women, juniors (2003-2006) and veterans - men, juniors, veterans (push with a long cycle of two weights and one Kettlebells, biathlon (push of two weights + snatch), women, juniors (2003-2006), veterans (push of a long cycle of one kettlebell and two weights, snatch, push of two weights), relay races, marathon. European Open championship among athletes with disabilities (men , women): bench press with one hand sitting on a bench, jerk and push with one hand - one exercise of the choice of participants in the competition, 5 minutes to complete the exercise; world championship for students (men - long cycle push, girls - snatch); World championship for boys and girls (2007-2008) young men - push, snatch, girls - snatch.

Competitions are held in accordance with the Schedule and the Regulation (Regulation) of the IGSF for 2025, www.igsf.biz

Arrival and settlement of sports delegations on July 03, 2025

Accommodation in an accredited hotel:

Hotel Slodes

- Address: Borska 92f, Rakovica, 11090 Belgrade, Serbia

Phone: +381 11 3055519

Hotel Slodes have good capacity and parking lot for cars and buses, also have sport hall for the competition!

The price per night with two meals will be 40e

Belgrade INTERNATIONAL AIRPORT 20 km from the hotel .

The entry fee to the Organizing Committee of the competition is 40 € for each nomination from each participant. For those who have not paid the annual membership fee at the IGSF, the entry fee is increases = 80€.

Individual membership fee in IGSF = 50 € or Team fee = 300€

Contributions are paid to the European Open championship Organizing Committee on the day of arrival at the competition

Upon arrival, it is necessary to submit to the Organizing Committee a registered application for participation in the competition from the team (country). You should have two national flags and the recording of the national anthem on electronic media.

In the format of the European Open Championship in kettlebell lifting, on July 04-06 an international certified training seminar on kettlebell lifting is held for teachers, trainers and judges.

Competition Program:

July 03 - arrival day, accommodation of sports delegations;

July 04 - (09: 00-11: 00) - meeting of the Executive Committee of the IGSF, referee board, credentials committee, (11: 00-14: 00) -weighing in the competition, (14: 30-16: 00) - meeting of the referee board together with team representatives. International seminar for judges and coaches.

July 05 - 09:30 - opening of the competition; 10.00 - competition: a long cycle push of two and one weights (men, women, juniors, veterans, students);

- competitions of athletes with disabilities;
- rewarding of winners and prize-winners.

July 06 -09: 30– competition: push of two weights, a snatch (men, women, juniors, veterans, boys, girls, students);
- relay races;

- competition - marathon 30 min snatch, push with a long cycle of one kettlebell, push with a long cycle of two weights (men, women, juniors, veterans); - rewarding of winners and prize-winners. Closing of the competition.

July 07 - (09: 00-14: 00) - an international training seminar on kettlebell lifting for teachers, trainers and judges. Cultural program;

July 08 (09.00) - departure of sports delegations.

Chairman of the Organizing Committee, Miloš Dragić, Serbia, international referee.

The chief judge of the competition **Miloš Dragić** Тел.: **+381654769808** also in Viber and WhatsApp

E-mail: dragicmi@gmail.com

In order to receive an invitation to participate in the European Open championship and to apply for visas, it is necessary to submit a preliminary individual or collective application by May 15, 2025 in the name of:

The chief judge of the competition Miloš Dragić Тел.: +381654769808 also in Viber and WhatsApp

E-mail: dragicmi@gmail.com

In addition, for registration of participants and registration of licenses, it is necessary to submit a preliminary application to the IGSF

Email: weightballs@ukr.net

Sample application:

No.	Surname, name	Activity in the team	Weight category, kg /exercise	Passport	Date of birth	Place of birth	Home address	Contact tel. No. e-mail
1.	GEORGIA KASARIDI	Sportsman /judge, coach/	80 Lc-1x24 kg	AS240186	13.05. 1975	Greece	Apt. 1, 2 Sunny St., ATHENS	+049-335- 32-31

In the application, indicate the email address of the Embassy (Consulate) of Greece at the place of your residence.

Telephone Inquiries:

International Gira Sport Federation, Shcherbyna Iurii Volodymyrovych, Kyiv, UKRAINE:

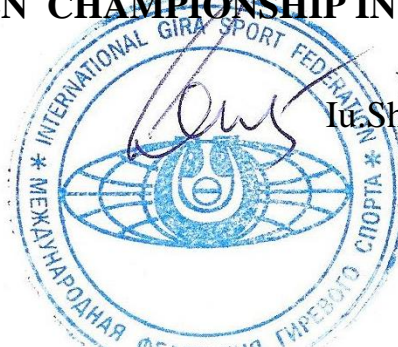
t-n / fax: +380-45-95-35-336; t-n: +380-44-454-49-87; cellular tn: +38-066-70-39-071;

+380509373664 (Viber, Telegram, WhatsApp)

Email: weightballs@ukr.net

INVITE YOU TO PARTICIPATE IN THE EUROPEAN OPEN CHAMPIONSHIP IN KETTLEBELL (GIRA) LIFTING!

President IGSF



Iu. Shcherbyna