



## CALENDAR

### International Gira Sport (kettlebell lifting) competitions for 2022

№	COMPETITIONS	Date held	Location
1.	1st international tournament in memory of V. Makhno (men, women, veterans - long cycle jerk 2 arms and one arm ).	to be announced	Kiev, Ukraine
2.	4 <sup>rd</sup> IGSF Australia Cup at the 6 <sup>th</sup> Arnold Sports Festival Australia <a href="https://arnoldsportsfestival.com.au">https://arnoldsportsfestival.com.au</a>	March	Melbourne, Australia
3.	7 <sup>th</sup> Open Cup is dedicated to the 160th anniversary of E.F. Garnych-Garnytsky (men, women, veterans – one arm and two arms long cycle jerk, half marathon - one arm long cycle jerk and long cycle snatch; athletes with disabilities ( men..women.)), relay races	March 25-28	Kiev, Ukraine
4.	The international tournament of memory of U. Kundzinsh (long cycle jerk: 5 minutes).	to be announced	Talsi, Latvia
5.	21 <sup>th</sup> International Festival of Kettlebell sport (original and extreme exercises)	May	Minsk, Belarus
6.	International Cup Viestura (one-handed snatch 60 min.)	to be announced	Pinks, Latvia
7.	The 11 <sup>th</sup> World Kettlebell Championship among students (Man - long cycle jerk, the woman - a snatch)	June 10-14	Athens (Loutraki), Greece
8.	Open European Championship for Adult Men and Women (men – long cycle, biathlon, one arm long cycle, woman one arm long cycle, snatch, 2 arms long cycle and 2 arms jerk), a half-marathon 30 (one arm long cycle), relay	June 10-14	Athens (Loutraki), Greece
9.	Open European Championship among juniors 2000 -2003 (juniors man – long cycle, biathlon, one arm long cycle, juniors woman – one arm long cycle, snatch, 2 arms long cycle and 2 arms jerk)	June 10-14	Athens (Loutraki), Greece
10.	2 <sup>st</sup> Open European Championship for athletes with disabilities	June 10-14	Athens (Loutraki), Greece
11.	International kettlebell lifting training seminar for judges, coaches, teachers	June 10-14	Athens (Loutraki), Greece
12.	29 <sup>st</sup> World Championship among men and women (men – 2 arms long cycle jerk, biathlon, one arm long cycle jerk, woman one arm long cycle, snatch, 2 arms long cycle and 2 arms short jerk); a half-marathon 30 (one arm long cycle jerk and long cycle snatch), relay	August 18-22	Tashkent, Uzbekistan

13.	World Junior Championships 2000 -2003 (juniors man – long cycle, biathlon, juniors woman – one arm long cycle, snatch, 2 arms jerk)	August 18-22	Tashkent, Uzbekistan
14	World Championship among veterans (men – 2 arms long cycle jerk, biathlon, one arm long cycle jerk, woman one arm long cycle, snatch, 2 arms long cycle and 2 arms short jerk)	August 18-22	Tashkent, Uzbekistan
15.	World Championships for boys (biathlon) and girls (snatch) 2004-2006	August 18-22	Tashkent, Uzbekistan
16.	World Championships for athletes with disabilities	August 18-22	Tashkent, Uzbekistan
17.	International kettlebell lifting training seminar for judges, coaches, teachers	August 18-22	Tashkent, Uzbekistan
18.	2st Asian Open Championship among men and women(men – long cycle, biathlon, one arm long cycle, woman one arm long cycle, snatch, 2 arms long cycle and 2 arms jerk), a half-marathon 30 (one arm long cycle).	November	Tashkent, Uzbekistan
19.	2st Asian Open Championship among juniors 2000 -2003 (juniors man – long cycle, biathlon, one arm long cycle, juniors woman – one arm long cycle, snatch, 2 arms long cycle and 2 arms jerk)	November	Tashkent, Uzbekistan
20.	2st Asian Open Championship among veterans (men – 2 arms long cycle jerk, biathlon, one arm long cycle jerk, women – one arm long cycle jerk and snatch, a 2 arms jerk)	November	Tashkent, Uzbekistan
21	2st Asian Open Championship for athletes with disabilities	November	Tashkent, Uzbekistan