



INTERNATIONAL GIRA SPORT FEDERATION
МЕЖДУНАРОДНАЯ ФЕДЕРАЦИЯ
ГИРЕВОГО СПОРТА

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05.03.2020

**INVITATION TO PARTICIPATE IN THE 28th
WORLD CHAMPIONSHIP IN KETTLEBELL LIFTING!**

On June 4–8, 2020 in Athens, Greece, the 28th world championship in kettlebell (gira) lifting among men and women, juniors (1998-2001) and veterans - men, juniors, veterans (push with a long cycle of two weights and one Kettlebells, biathlon (push of two weights + snatch), women, juniors (1998-2001), veterans (push of a long cycle of one kettlebell and two weights, snatch, push of two weights), relay races, marathon. World Championship among athletes with disabilities (men , women): bench press with one hand sitting on a bench, jerk and push with one hand - one exercise of the choice of participants in the competition, 5 minutes to complete the exercise; 10th world championship for students (men - long cycle push, girls - snatch); World championship for boys and girls (2002-2004) young men - push, snatch, girls - snatch.

Competitions are held in accordance with the Schedule and the Regulation (Regulation) of the IGSF for 2020, www.igsf.biz

Arrival and settlement of sports delegations on June 4.

Accommodation in an accredited hotel:

Hotel Glaros (Athens, Greece) - 560 Schistou Avenue & Voreiou Ellados Str., **Tel. & Fax:** +30 210 55 74 871

Email: hotel.glaros10@gmail.com

The cost of living per person per day: - 35 €;

The price includes breakfast and dinner.

ATHENS INTERNATIONAL AIRPORT - 26.9 km from the hotel ..

Distance from Hotel Hotel Glaros to the competition venue 4 km

The entry fee to the Organizing Committee of the competition is 40 € for each nomination from each participant. For those who have not paid the annual membership fee at the IGSF, the entry fee is doubled = 80€. Accreditation (license cost) - 20 € for each participant in the competition (remains valid during the current year for all types of competition programs). Entry fee for participants in the world championship among students 20 €.

Individual membership fee in IGSF = 50 € or Team fee = 300€

Contribution for doping control - 10 €.

Contributions are paid to the World Cup Organizing Committee on the day of arrival at the competition. Participants in the World Cup among students pay only the cost of the license and the entry fee.

Upon arrival, it is necessary to submit to the Organizing Committee a registered application for participation in the competition from the team (country). You should have two national flags and the recording of the national anthem on electronic media.

In the format of the World Championship in kettlebell lifting, on June 4-10, an international certified training seminar on kettlebell lifting is held for teachers, trainers and judges.

Competition Program:

June 4 - arrival day, accommodation of sports delegations;

June 5 - (09: 00-11: 00) - meeting of the Executive Committee of the IGSF, referee board, credentials committee, (11: 00-14: 00) -weighing in the competition, (14: 30-16: 00) - meeting of the referee board together with team representatives. International seminar for judges and coaches.

June 6 - 09:30 - opening of the competition; 10.00 - competition: a long cycle push of two and one weights (men, women, juniors, veterans, students);

- competitions of athletes with disabilities;
- rewarding of winners and prize-winners.
- June 7** -09: 30– competition: push of two weights, a snatch (men, women, juniors, veterans, boys, girls, students);
 - relay races;
- rewarding of winners and prize-winners. Closing competition for students.
- June 8** - (09: 00-14: 00) - competition - marathon 30 min snatch, push with a long cycle of one kettlebell, push with a long cycle of two weights (men, women, juniors, veterans); Closing of the competition.
- June 8-9** - (09: 00-14: 00) - an international training seminar on kettlebell lifting for teachers, trainers and judges.
- June 10** (09.00) - cultural program; departure of sports delegations.

Chairman of the Organizing Committee, President of the Kettlebell lifting Federation of Greece Pantelis Filikidis.

The chief judge of the competition Pantelis Filikidis Tel .: +30 697 194 0736; +30 697 231 5421

Email: pfilikidis@gmail.com

In order to receive an invitation to participate in the World championship and to apply for visas, it is necessary to submit a preliminary individual or collective application by April 30, 2020 in the name of:

The chief judge of the competition Filikidis Pantelis Tel .: +30 697 194 0736; +30 697 231 5421

Email: pfilikidis@gmail.com

In addition, for registration of participants and registration of licenses, it is necessary to submit a preliminary application to the IGSF

Email: weightballs@ukr.net

Sample application:

| No. | Surname, name | Activity in the team | Weight category, kg /exercise | Passport | Date of birth | Place of birth | Home address | Contact tel. No. e-mail |
|-----|----------------|-----------------------------|-------------------------------|--------------|---------------|----------------|---------------------------------------|-------------------------|
| 1. | IVANOV IVAN | Sportsman /judge, coach/ | 80 Lc-1x24 kg | AS24 0186 | 13.05.1975 | BELO RUSSIA | Apt. 1, 2 Lesnaia St., Bobruisk | +049-335- 32-31 |

In the application, indicate the email address of the Embassy (Consulate) of Greece at the place of your residence.

Telephone Inquiries:

International Gira Sport Federation, Shcherbyna Iurii Volodymyrovych, Kyiv:

t-n / fax: 380-45-95-35-336; t-n: 380-44-454-49-87; cellular tn: 38-066-70-39-071;

380509373664 (Viber)

Email: weightballs@ukr.net

INVITE YOU TO PARTICIPATE IN THE 28th WORLD CHAMPIONSHIP IN KETTLEBELL (GIRA) LIFTING!

President IGSF



Iurii Shcherbyna