



INTERNATIONAL GIRA SPORT FEDERATION
МЕЖДУНАРОДНАЯ ФЕДЕРАЦИЯ
ГИРЕВОГО СПОРТА

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25.12.2018

**INVITATION TO PARTICIPATE IN THE WORLD CHAMPIONSHIP
AMONG STUDENTS AND THE OPEN CHAMPIONSHIP OF
EUROPE IN KETTLEBELL SPORTS!**

On April 3–8, 2019 in Athens (Loutraki), Greece, the European Open Championship in kettlebell-lifting for men and women, juniors (1997-2000) and veterans - men, juniors, and veterans will be held (jerk by a long cycle of two weights and one kettlebell, biathlon (jerk of two weights + snatch), women, juniors (1997-2000), veterans (jerk with a long cycle of one kettlebell and two weights, snatch, jerk of two kettlebells). 2nd Open European Championship for Athletes with Disabilities (men, women): press with one handed bench sitting, a jerk and a snatch with one hand - one exercise at the choice of competitors, exercise time 5 min. 9th World Student Championship (men - long cycle jerk, girls - snatch). Competitions are held in accordance with the Schedule and Regulations (Regulations) of IGSF for 2019, www.igsf.biz

Arrival and settlement of sports delegations on April 3.

Transfer ATHENS AIRPORT - LUTRAK - ATHENS AIRPORT:

bus = 50€ round trip; taxi = 140 in one direction.

Accommodation in accredited hotels:

SPORTCAMP (HB) - Katounistra, Loutraki 203 00, Greece Tel.: +30 27440 23999(137)

Mob.: +306932581436

Cost per person: - single room - 60 €;

- double - 40€;

- Triple - 38 €

The price includes breakfast, lunch and dinner.

Grand Olympik Hotel

Cost per person: - single room - 70 €;

- double - 45€;

- Triple - 44 €

The price includes breakfast and dinner.

Competitions are held in **SPORTCAMP (HB)** - Katounistra, Loutraki 203 00, Greece

Tel.: +30 27440 23999(137) Mob.: +306932581436

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Distance from Grand Olympik to the competition venue 4 km

The fare from the hotel Grand Olympik to the competition site and back is 10 €

Entry fee to the Organizing Committee of the competition - 40 € for each nomination from each participant. For those who did not pay the annual membership fee to the IGSF, the entry fee is doubled = 80 €. Accreditation (license cost) - € 20 for each competitor (remains valid for the current year). Entry fee for athletes with a disability is 30 €.

STUDENTS CONTRIBUTION FOR PARTICIPATION IN COMPETITIONS DO NOT PAY.

Upon arrival, you must submit to the Organizing Committee a nominal application for participation in competitions from the team (country). You should have two national flags with the national anthem on electronic media.

The format of the European Championship in kettlebell-lifting hosts an international certified training seminar on kettlebell-lifting for teachers, coaches and referees.

Competition program:

3 April - day of arrival, accommodation of sports delegations;

4 April - (09: 00-11: 00) - meeting of the Executive Committee of the IGSF, panel of judges, credentials committee, (11: 00-14: 00) - weighting of participants of competitions, (14: 30-16: 00) - meeting of panel of judges together with team representatives.

5 April - 09:30 - opening of the competition; 10.00 - competitions: men, women, juniors, veterans, students (jerk by a long cycle of two weights and one kettlebell);

- competition athletes with disabilities;

- award winners.

6 April -09: 30– competitions: men, women, juniors, veterans, students (men - biathlon, separate exercises (jerk + snatch), women short jerk of two kettlebell, snatch);

-relay races;

- award winners.

7April - half marathon in a push one weight long cycle (male, female - 30 min); Open Championship of Greece (separate exercises);

8 April (09.00) - cultural program; departure of sports delegations.

To receive an invitation to participate in the European and World Championships and for issuing visas, you must submit a preliminary individual or collective application from the federations of the countries to March 1, 2019: Filikidis Pantelis, Chief referee of the Competition

Tel. : +306971940736 +302105624138 E-mail: : pfilikidis@gmail.com

The contact person in Greece is Elena Vihodet.

Tel.: + 306932581436 E-mail: lena@sport-village.gr

In addition, for the registration of participants and registration of licenses, it is necessary to submit a preliminary application to the IGSF.

E-mail: weightballs@ukr.net

Sample application for participation in competitions:

No.	Surname, name	Activity in the team	Weight Category/ kg	Passport	Date of birth	Place of birth	Home address	Contact tel. No. e-mail
1.	IVANOV IVAN	Athlete /referee, coach/	80 Jerk 32; snatch 32; Lc 32x2;	AS24 0186	13.05.1975	BELO RUSSIA	Apt. 1, 2 Lesnaia St., Bobruisk	+049-335- 32-31

In the application, specify the email address of the Embassy (Consulate) of Greece at your place of residence.

Inquiries by phone:

International Gira Sport Federation, Iurii Vladimirovich Shcherbyna:

t / fax: + 380-45-95-35-336; tn: + 380-44-454-49-74; cell tn: + 38-066-70-39-071;

+380509373664 (Viber)E-mail: weightballs@ukr.net

INVITE YOU TO PARTICIPATE IN INTERNATIONAL COMPETITIONS ON KETTLEBELL LIFTING!

President IGSF



Iurii Shcherbyna