



INTERNATIONAL GIRA SPORT FEDERATION МЕЖДУНАРОДНАЯ ФЕДЕРАЦИЯ ГИРЕВОГО СПОРТА

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30.07.2018

INVITATION TO THE WORLD GIRA SPORT CHAMPIONSHIP!

01- 06 November 2018 in Bukhara, Uzbekistan, the 26 th World Gira (Kettlebell) Sport Championships for men and women, juniors (2000-2002) and veterans - men, juniors, veterans (biathlon, separate exercises), women , juniors (2000-2002), veterans (snatch, (jerk of two weights) and the 21 th World Championship in a long cycle jerk among men and women, juniors and veterans - men, juniors, veterans (jerk a long cycle of two kettlebells and one kettlebell) , women, juniors, veterans (jerk with a long cycle of one kettlebell and two kettlebells).

For the first time competitions are held among athletes with disabilities (men, women): press with one handed bench sitting , a jerk and a jerk with one hand - one exercise at the choice of the participants of the World Championship, time of exercise 5 min . Competitions are held in accordance with the Schedule and Regulations (Regulations) of IGSF for 2018, www.igsf.biz

Arrival and accommodation of sports delegations on November 1.

AIRPORT BUKHARA.

HE AIRPORT "TASHKENT" - from Tashkent to Bukhara high-speed train. Travel time is 4-7 hours (tickets must be ordered through the Organizing Committee in advance, the ticket price is 30-60 USD).

Accommodation in an accredited hotel: «**Grand Bukhara**» Hotel, I.Muminov street, 8, Bukhara city 200100 Uzbekistan. Double rooms. Tel .: +998652231604 The hotel "Grand Bukhara" is located next to the old city. The cost of living is 40 dollars. per day from one person. The cost of living includes breakfast.

FOR ATHLETES WITH DISABILITY AND REFEREE WITH ACCREDITATION ACCOMMODATION AND NUTRITION FREE OF CHARGE.

Competitions are held in the youth center "Yoshlar Markazi".

The distance from the hotel to the competition site is 250 m.

The entry fee to the Organizing Committee of the competition is \$ 35 for each nomination from each participant. For those who have not paid an annual membership fee in the IFESCCO, the entry fee is doubled = \$ 70.

Accreditation (license cost) - 20 € from each participant of the competition (valid license obtained in 2018 at previous competitions).

Contribution to doping control - \$ 20. USA.

Contributions are paid to the Organizing Committee of the World Championship on the day of arrival at the competitions.

ATHLETES WITH DISABILITY STARTING FEE AND DOPING CONTROL DO NOT PAY.

Upon arrival, it is necessary to submit to the Organizing Committee a registered application for participation in competitions from the team (country). You should have two national flags and an electronic record of the national anthem.

Competition program:

01 November - day of arrival, accommodation of sports delegations;

02 November - Grand Bukhara Hotel: (09: 00-11: 00) - the meeting of the Executive Committee of the IGSF the judiciary board, the credentials committee, (11: 00-14: 00), weighing the participants of the competitions, (14: 00-15: 00) - sitting of the jury together with representatives of the teams;

03 November (09:00) - the opening of the competition; (10:00) - competitions-a long cycle of two and one giri (men, women, juniors, veterans);

- Competitions of athletes with disabilities;

- rewarding of winners and prize-winners;

04 November (09:00) - competition - jerk of two weights, snatch (men, women, juniors, veterans);

- relay races;

- awarding of winners and prize-winners.

05 November (09:00) - open championship of Uzbekistan (separate exercises);

- The cultural program.

06 November (before 12:00) - departure of sports delegations

Chairman of the Organizing Committee Najmedinov Fatidin Ergashevich
Chief referee of the competitions Najmedinov Vakhiddin Ergashevich t-n: [+998909110202](tel:+998909110202)
Contact person Rakhmatov Abdullo Gaybulluyevich t-n: [+99893-620-41-31](tel:+99893-620-41-31)
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uzatletik@yandex.com

In addition, for registration of participants and registration of licenses it is necessary to submit a preliminary application to IGSF

E-mail: weightballs@ukr.net

Sample application for participation in competitions:

No.	Surname, name	Activity in the team	Weight Category/ kg	Passport	Date of birth	Place of birth	Home address	Contact tel. No. e-mail
1.	IVANOV IVAN	Sportsman /judge, coach/	80	AS24 0186	13.05.1975	BELO RUSSIA	Apt. 1, 2 Lesnaia St., Bobruisk	+049-335- 32-31

In the application it is necessary to indicate the e-mail address of the Embassy (Consulate) of Uzbekistan at your place of residence.

Inquiries by phone:

International Gira Sport Federation, Shcherbyna Iurii Vladimirovich, Kiev: T-n/fax: +380-45-95-35-336; T-n: +380-44-454-49-74; cell phone: +38-066-70-39-071; +380509373664 (Viber)

E-mail: weightballs@ukr.net

WE INVITE YOU TO PARTICIPATE IN WORLD CHAMPIONSHIP!

President of the IGSF



Iu. Shcherbyna